

Emotional Support

Studying remotely from your home country as an international student can bring unforeseen stress and strain. That is why International SOS developed the world's leading assistance service to help you support your members' mental and emotional, as well as, physical well-being,



Stress Impacts Learning

Mental health conditions and trying to complete studies far from campus can impact your international students studying remotely from their home countries.

These events can trigger anxiety or psychological issues. This can lead to academic program disruption, or something more serious.

Peace of Mind

In times of stress, these international students need professional emotional support often at short notice and in their native language. Timely and easy access to support through a single point of contact can prevent situations from spiralling out of control.

Well-being — Wherever, Whenever

In partnership with WorkPlace Options, our short-term counseling services provide these international students with psychological support.

This means they can focus completely on their learning, even from a great distance.

Emotional Support delivers:

- Mental health professionals supporting you and your international students in more than 60 languages
- Support available through the International SOS Dedicated Line (+1 215.942.8478) 24/7
- Access to counseling sessions
- Counseling method tailored to your needs: phone, video-call or face-to-face
- Seamless integration between our Assistance Center and WorkPlace Options' emotional support services (no additional calls to make)
- Unlimited consultation for you or your designated contact throughout a case.

