

GSA CARLETON PRESENTS:

# HEALING SPACES

SURVIVOR CENTRIC GROUP THERAPY

FACILITATED BY ZAHRA NAFAR  
REGISTERED PSYCHOTHERAPIST (RPQ)



JANUARY 29TH, 2021 @ 3PM

*Zahra is a Registered Psychotherapist (RPQ) and a Certified Trauma Professional (CCTP). At her private practice, YourTherapist Psychotherapy and Counselling, she provides psychotherapy in the Greater Ottawa area (in-person and e-therapy) and Ontario (e-therapy) for individuals, couples, and families*